

# The Children of Northvale Need Your Help

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They desperately need your life experience, your time, your expertise and your dedication.

Have you ever been interested in helping but never knew where to go or who to ask?

Have you ever wanted to Volunteer?

to be a Coach?

an Assistant Coach?

a Uniform or Equipment Manager?

a Fundraiser?

If you have we would LOVE to speak to you.

As a Recreation volunteer, you can coach a youth sports team, be an assistant coach, cook for a bake sale, solicit donations and fund raise for our program, serve as a role model for young people, or be part of a group or committee.

No matter how you choose to help, you'll make a big difference as you work with others to create a feeling of connectedness in your community!

If you are interested in helping with this rewarding opportunity for our children, please contact:

Diane Frohlich (201) 784-4761 - [finance@boroughofnorthvale.com](mailto:finance@boroughofnorthvale.com)

Ed Piehler (201) 913-1122 or e-mail [epiehler@boroughofnorthvale.com](mailto:epiehler@boroughofnorthvale.com)

All Recreation Committee meetings are held on the third Tuesday of every month at the Municipal Building, 116 Paris Avenue, Northvale, New Jersey 07647 at 8:00 P.M.  
All members of the public are welcome.