

BOROUGH OF NORTHVALE
County of Bergen

| Motion | Second | Name |
|-------------------------------------|--------------------------|-------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Councilwoman Libby |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Councilwoman Macchio |
| <input type="checkbox"/> | <input type="checkbox"/> | Councilman Marana |
| <input type="checkbox"/> | <input type="checkbox"/> | Councilman Shepard |
| <input type="checkbox"/> | <input type="checkbox"/> | Councilman Sokoloski |
| <input type="checkbox"/> | <input type="checkbox"/> | Councilman Sotiropoulos |

RESOLUTION #2015-77

**TITLE: DESIGNATE THE BOROUGH OF NORTHVALE AS A
STIGMA FREE ZONE**

WHEREAS, the Bergen County Executive and the Board of Chosen Freeholders, along with the Bergen County Department of Health Services, supports the designation of Stigma-Free Zones across the County and within every municipality, and;

WHEREAS, the National Institute of Mental Health reports that 1 in 4 adults [approximately 61.5 million Americans] experiences mental illness in a given year and 1 in 17 adults live with a serious mental illness such as schizophrenia, major depression, or bipolar disorder; approximately 20% of youth ages 13 to 18 and 13% of youth ages 8 to 15 experience severe mental disorders in a given year, and;

WHEREAS, the stigma associated with the disease of mental illness is identified as the primary reason individuals fail to seek the help they need to recover from the disease, and;

WHEREAS, Stigma-Free Zones aim to inspire public interest and open dialogues about stigma, raise awareness of the disease of mental illness and create a culture wherein residents who have the disease of mental illness feel supported by their community and neighbors and feel free to seek treatment for the disease without fear of stigma and;

WHEREAS, promoting awareness that there can be no “health” without mental health will break down barriers and encourage residents of all ages to be mindful of their mental health and ask for help when needed, and;

WHEREAS, local resources are available to treat the disease of mental illness so no one resident needs to suffer alone or feel hopeless, and;

WHEREAS, establishing Stigma-Free Zones will raise awareness of resources and encourage residents to engage in care as soon as the need is identified so recovery can begin, hope is inspired and tragedies are avoided, and;

NOW THEREFORE BE IT RESOLVED that Mayor and Council recognizes the community needs and supports the efforts of the County of Bergen in designating Northvale as a Stigma-Free Zone.

I hereby certify that this is a true copy
of the Resolution passed by the Governing Body at their
regular meeting held on
July 8, 2015

Wanda A. Worner, Borough Clerk

| Name | Yes | No | Absent | Abstain |
|--------------|-------------------------------------|--------------------------|-------------------------------------|--------------------------|
| Libby | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Macchio | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Marana | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Shepard | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sokoloski | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sotiropoulos | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |