

McGUIRE SENIOR CENTER ACTIVITIES SCHEDULE

September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:30 Strength Training 10:00 Coffee Chit-Chat 10:30 Armchair Traveler Russia 12:00 Lunch 1:00 BINGO	2 CENTER CLOSED
3 NO BINGO BUNDLE Labor Day Weekend	4 CENTER CLOSED Labor Day	5 10:00 Coffee Chit-Chat 12:00 Lunch 1:00 Movie – The Notebook	6 10:00 Coffee Chit-Chat 12:00 Lunch 1:00 Golden Age Meeting 3:30 Strength Training	7 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:00 Lunch	8 9:30 Strength Training 10:00 Coffee Chit-Chat 10:30 Armchair Traveler The Spanish Islands 12:00 Lunch 1:00 BINGO	9 CENTER CLOSED Northvale Town Day @ Hogans Field 2:00 PM
10 1:15 PM BINGO BUNDLE	11 9:00 Crochet Club 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:00 Lunch 2:00 Movin' with Music	12 10:00 Coffee Chit-Chat 12:00 Lunch 1:00 Movie – Cinderella Man	13 10:00 Coffee Chit-Chat 10:00 Presentation on Financial Services 12:00 Lunch 3:30 Strength Training	14 10:00 Coffee Chit-Chat 10:00 Presentation on Bill Miller's Riviera 11:00 Chair Exercise 12:00 Lunch	15 9:30 Strength Training 10:00 Coffee Chit-Chat 10:30 Armchair Traveler Rome City Guide 12:00 Lunch 1:00 BINGO	16 CENTER CLOSED
17 1:30 PM BINGO	18 9:00 Crochet Club 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:00 Lunch 2:00 Movin' with Music	19 10:00 Coffee Chit-Chat 12:00 Lunch 1:00 Movie - Seabiscuit	20 10:00 Coffee Chit-Chat 12:00 Lunch 1:00 Golden Age Pizza Bingo 3:30 Strength Training	21 10:00 Coffee Chit-Chat 10:00 Blood Pressure Check 11:00 Chair Exercise 12:00 Lunch	22 9:30 Strength Training 10:00 Coffee Chit-Chat 10:30 Armchair Traveler Washington DC 12:00 Lunch 1:00 BINGO	23 CENTER CLOSED
24 1:30 PM BINGO	25 9:00 Crochet Club 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:00 Lunch 12:30 Podiatrist 2:00 Movin' with Music	26 10:00 Coffee Chit-Chat 10:00 Passports, ID Cards, etc. 12:00 Lunch NO MOVIE BEING SHOWN Due to Passports, etc.	27 10:00 Coffee Chit-Chat 10:00 Passports, ID Cards, etc. 12:00 Lunch 3:30 Strength Training	28 10:00 Coffee Chit-Chat 10:00 Passports, ID Cards, etc. 11:00 Chair Exercise 12:00 Lunch	29 9:30 Strength Training 10:00 Coffee Chit-Chat 10:30 Armchair Traveler Venezuela 12:00 Lunch 1:00 BINGO	30 CENTER CLOSED