



Thanksgiving

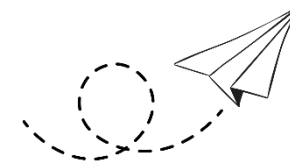
WORD SEARCH

R U G Z L L G N I F F U T S F
 S U N P W U F R T G Q D E A S
 E B I L U M F U A F Z I L E R
 V A V S T M R K H T R L O J E
 S E I H W K P C N R I T D T H
 M H G T E E D K E A A T Y R T
 I O S Y Q J E B I T H L U A A
 R L K Z X U N T O N N T X D G
 G I N A B A E P O F Q P H I E
 L D A V R L X V F E A S T T C
 I A H C B S E Y L I M A F I O
 P Y T B H M A G E U D D S O R
 O T O P B P L Y M O U T H N N
 U G L E E I P I R I M H Q B T
 C O R N U C O P I A J Z R B Y

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|----------|------------|--------------|
| FALL | THANKFUL | NOVEMBER |
| GATHER | TURKEY | PLYMOUTH |
| HOLIDAY | CORNUCOPIA | STUFFING |
| PILGRIMS | FAMILY | THANKSGIVING |
| PUMPKIN | GOBBLE | CRANBERRIES |
| CORN | GRATITUDE | POTATOES |
| FEAST | PIE | TRADITION |



The McGuire Flyer



November 2024

The James F. McGuire Memorial Senior Center

116 Paris Avenue

Northvale, NJ 07647

Phone: 201-767-3330 option 5 | Fax: 201-767-6038

Open Monday through Friday

9 AM – 4 PM

Director: Michelle Newberg

Email: mnewberg@northvalenj.org

BINGO Fridays @ 12 PM

(Please arrive by 11:40 AM)



The Golden Age Page

Upcoming Events

Date	Time	Description
November 1	9 AM	Podiatrist Visit (<i>New Date</i>)
November 5	All Day	Center Closed: Election Day
November 7	11 AM	Karaoke with Chris
November 11	All Day	Center Closed: Veterans Day
November 13	10 AM	Positivity Presentation
November 14	11 AM	Managing Sciatica Presentation
November 19	10 AM	November Breakfast
November 20	9:30 AM	Blood Pressure Check
November 21	11 AM	Bruce Hammer Presents: Carol Burnett
November 28 & 29	All Day	Center Closed: Thanksgiving & Day After

From the Golden Age Desk of Vivian Abitabilo:

We know it's Fall, but it doesn't feel like it!!! However this is the beginning of the holiday season. First we'll celebrate Thanksgiving and just around the corner Christmas will be here!

As of this date, the Christmas Party, our last venue of the year is sold out. There has been a change in venue: we will have our party at Aurora in Old Tappan on Wednesday, December 11, 6:00 pm to 9:00 pm. We are excited, the party will offer door prizes, a DJ and a comedian: Monte. Our membership has exploded this year and we find it difficult to accommodate everyone!

I want to wish everyone a thankful and enjoyable Thanksgiving. Many will be celebrating with our families and friends. Don't eat too much! This really is the beginning of the holiday eating festival. Enjoy these days with your family!


BLOOD PRESSURE CHECK – Every third Wednesday of each month from 9:30 – 11 AM (no appointment necessary, but please **arrive no later than 10:30 to be seen**)

PODIATRIST – Appointments starting at 8:30 AM. Next visit **November 1. Note the new date.** By appointment only (we must have a minimum of 6 people on the list in order to be seen)

Please call the center to schedule an appointment!


ENJOY AN ARTSY DAY!

Adult Watercolor Class



November 5, 2024, 6:00 PM
Northvale Public Library

Learn Watercolors with The Spotted Canvas!
Priority registration to Northvale residents.




2025 DUES

If you can believe it, we are just two months away from the end of the year! It's almost time to renew your membership for 2025. The deadline to pay dues will be **February 1, 2025**. Dues are \$10 for Northvale residents and \$12 for everyone else. You may pay with cash or check, in person or by mail.



Lynn Smothergill
Realtor Sales Associate
C: 201-741-2692
E:realtorlynn77@gmail.com



2024 FIVE STAR REAL ESTATE AGENT
Lynn Smothergill

Movies Shown Every Tuesday @ 11:30 AM (Refreshments Provided)



November Movies: Autistics Speaking Day – Stories of People with Autism

November 5: No Movie – Center Closed for General Election

November 12: Rain Man (Starring Tom Cruise & Dustin Hoffman)

When car dealer Charlie Babbitt learns that his estranged father has died, he returns home to Cincinnati, where he discovers that he has an autistic older brother named Raymond and that his father's \$3 million fortune is being left to the mental institution in which Raymond lives. Motivated by his father's money, Charlie checks Raymond out of the facility in order to return with him to Los Angeles. The brothers' cross-country trip ends up changing both their lives.

(1988) Rated: R – Comedy/Action – 2 hr 13 min

November 19: What's Eating Gilbert Grape (Starring Johnny Depp & Leonardo DiCaprio)

Gilbert Grape is a small-town young man with a lot of responsibility. Chief among his concerns are his mother, who is so overweight that she can't leave the house, and his mentally impaired younger brother, Arnie, who has a knack for finding trouble. Settled into a job at a grocery store and an ongoing affair with local woman Betty Carver, Gilbert finally has his life shaken up by the free-spirited Becky.

(1993) Rated: PG-13 – Comedy/Drama – 1 hr 58 min

November 26: A Brilliant Young Mind (Starring Asa Butterfield & Sally Hawkins)

Struggling to build relationships with others, a teenage math prodigy with autism develops a budding friendship with a young girl while competing at the International Mathematics Olympiad.

(2014) Rated: PG-13 – Comedy/Romance – 1 hr 51 min

Here are the 3 ways you can vote in the upcoming General Election...

1. AT YOUR POLLING PLACE ON ELECTION DAY



Vote in person at your polling place, from **6:00 a.m. to 8:00 p.m. on Election Day, Tuesday, November 5**. Accommodations will be made for voters with disabilities.

Go to **VOTE.NJ.GOV** for your polling place, listed on the Polling Locations page.

2. IN-PERSON EARLY VOTING



This option enables all registered voters to cast their ballot **in person, using a voting machine, during a nine-day period prior to Election Day**. You can choose to vote, in person, when it's most convenient for your schedule.

No matter where you live in the county, you can vote your specific ballot at any of **your** county's designated in-person early voting sites. Find your county's sites at **VOTE.NJ.GOV**.

In-person early voting sites will be open **Saturday, October 26 through Sunday, November 3**. Hours will be **Monday–Saturday, 10:00 a.m.–8:00 p.m. and Sunday, 10:00 a.m.–6:00 p.m.** No appointment is necessary. Accommodations will be made for voters with disabilities.

3. VOTE BY MAIL



Registered voters can apply for a **mail-in ballot** by following the instructions found at **VOTE.NJ.GOV** or contacting their County Clerk.

Then, VOTE and RETURN your ballot one of the following ways...

- **Secure Ballot Drop Box:** Place your mail-in ballot in one of your county's secure ballot drop boxes **by 8:00 p.m. on Tuesday, November 5**. Drop box locations can be found at **VOTE.NJ.GOV**.
- **Board of Elections Office:** Deliver your mail-in ballot in person to your county's Board of Elections Office **by 8:00 p.m. on Tuesday, November 5**. County Election Officials' contact information can be found at **VOTE.NJ.GOV**.
- **Mail:** Your mail-in ballot **MUST** be postmarked **on or before 8:00 p.m. on Tuesday, November 5** and be received by your county's Board of Elections **on or before Monday, November 11**.



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1... Be sure you're registered to vote. Check your registration status using the **Am I Registered?** link at **VOTE.NJ.GOV**.



2... Verify your polling place using the **Polling Location** link at **VOTE.NJ.GOV** or by contacting your County Clerk. Contact information is available at **VOTE.NJ.GOV**.



3... Check in at the registration table at your polling place.
NOTE: If there are any issues verifying your eligibility to vote or if you have already been issued a mail-in ballot, you may be issued a provisional ballot. Details on this type of ballot are available at **VOTE.NJ.ORG**.



4... Sign the electronic poll book, after which you will be issued your ballot.



5... Depending on your county, you will be directed to either a voting machine or provided with a paper ballot and directed to a private booth.



6... Read the instructions for each section and complete your ballot carefully. Some races ask you to mark more than one candidate. If you wish to leave a race blank, you may do so without affecting any other portion of your ballot.
NOTE: Paper ballots may have more than one side or page, so look carefully to be sure you vote for each race you intend to. **Cross-outs on paper ballots will render the ballot invalid.** If you wish to make a change to your paper ballot before casting it, take your ballot to a poll worker to receive a new paper ballot.



7... If you have any concerns regarding your ballot, including if it is smudged or damaged, tell a poll worker to ensure your voting choices can and will be counted.



8... Once you complete these steps, your ballot is ready to go into the ballot box or tabulating machine, depending on the tabulation process used by your polling place.

Acheive HomeCare Presents:

KARAOKE

with Chris



At the McGuire Center

Join us for singing, snacks, friends, and fun. Take a turn with the mic or just watch if you'd like!

THURSDAY, NOVEMBER 7

11 AM

ACHIEVE
HOMECARE AGENCY
The CARE Your Loved One Deserves

Silver Stage Motivators

POSITIVITY PRESENTATION

What makes us unhappy?

How can we find
POSITIVITY
in life?

Is **LAUGHING** beneficial
to our health?



Presented by Brian Blotner

Wednesday, November 13 at 10 AM
McGuire Senior Center

Please join us for

MANAGING SCIATICA



with
Raunak Singh, DO

Physician
Osteopathic Medicine
Bergen New Bridge Medical Center

THURSDAY, NOVEMBER 14, 2024
11am

McGuire Senior Center

116 Paris Ave., Northvale, NJ 07647

For questions, please contact Bill Wright at 201.247.7438

Bruce Hammer

PRESENTS



THE
CAROL BURNETT
SHOW

Thursday, November 21
11:00 AM
McGuire Senior Center